

We have negotiated special rates for our residents at these fine hotels.

Carlton Hotel Kinsale
Guests of Castle Quay Holiday Homes, can use the
Leisure Facilities at the Carlton Kinsale Hotel.□
(This must be booked in advance – Vouchers □ available
from Mairead, Manager at Castle Quay Tel: □ 087 9312322)

Rathmore Road, Kinsale, Cork, Ireland.

Tel:+353 (0) 21 4706000

+353 (0) 21 4706000

info@carltonkinsale

The **Carlton Hotel Kinsale** boasts one of the finest leisure centres in the area. Facilities include:

- 20m Deck Level swimming pool complete with hydrotherapy relaxation section
- Jacuzzi, Sauna & Steam room
- State of the art gymnasium with cardio and resistance machines, stability balls and a free weights section.

Price:-

€7.00 per adult (Entry tickets available from Supervisor)

€6.00 per child (Entry tickets available from Supervisor)

Times:-

Monday – Friday: 7.00am - 9.30pm. (Last Entry 9pm.)

Sat, Sun & Bank Holiday: 8.00am – 8.00pm. (Last Entry 7.30pm)

Children are welcome to use the facility up to 7pm and must be accompanied by a parent.

**Actons Hotel
Guests of Castle Quay Holiday Homes, can use the
Leisure Facilities at Actons Health & Fitness Club, Kinsale.**

Times:-

7.00am – 2.00pm Monday to Friday

8.00am – 2.00pm Saturday & Sunday

(please ring Actons (021) 4772345 first if you wish to use facilities outside these hours.)

Price:-

€10.00 per adult

€6.00 per child aged 2-15yrs

€8.00 Students and over 55years are

Facilities:-

Indoor heated pool, sauna, steam room, spa & out door hot tub

Fully equipped gymnasium

Massage & Beauty Treatments (Booking is essential)